ADA Planning Guide for Accessible Restrooms
The Americans with Disabilities Act (ADA) set the minimum requirements for newly designed and constructed or altered state and local government facilities, public accommodations, and commercial facilities to be readily accessible to and usable by individuals with disabilities. When designing restrooms, some of each type of accessible fixture or feature and their installation location must meet accessibility requirements contained in the 2010 ADA Standards for Accessible Design.

In addition, many projects must also follow the provisions of the 2009 revision of ANSI Standard ICC A117.1, Accessible and Usable Buildings and Facilities. This course will identify the benefits of accessibility standards and the prescriptive requirements for accessible restrooms set by the ADA. We will review requirements for lavatories, accessories, toilet compartments and bathing facilities and how these can be applied to various types of restrooms.
Identify how accessibility standards accommodate a diverse set of users and the general prescriptive requirements for accessible restroom design mandated by ADA.
2010 ADA Standards for Accessible Design

2009 ICC/ANSI Standards
• Public restrooms must be responsive to a wide range of human abilities and disabilities.

• The needs people who use wheelchairs are a primary source of design information for accessible restrooms.

• Accessible design also benefits a wide range of users.
  – People with temporary health problems.
  – Older people.
  – People with children.
Accommodating Diverse Users

Consider sensory abilities:
- Visual impairments
- Hard of hearing or deaf
- Avoid protruding objects
- Provide strobe lights on fire alarm

Family restrooms accommodate:
- Diaper changing
- Children
- Older individuals who need assistance
• Accommodate a single wheelchair of at least 30" x 48"
• Position clear floor space at lavatories, urinals and baby changing stations for forward approach
• Allow for both left- and right-hand access
• Accessories other than toilet tissue dispensers must be mounted with "operable parts" no more than 48" above the floor.

• 2009 ICC/ANSI Standards limit operable portions of toilet tissue dispensers to no lower than 18".

• Where accessories are mounted above an obstruction they must be located between 44" and 48".

• Account for side and forward approach.
• 2009 ICC/ANSI Standards require paper towel dispenser be installed with a reach depth of 11" maximum.

• Soap dispenser control and faucet also have an 11" maximum reach depth.
• 2009 ICC/ANSI Standards altered installation heights and locations for paper towel dispensers and hand dryers.

• Where reach is obstructed, operable portions may need to be installed as low as 34 inches.

**Obstructed Reach for Paper Towel Dispensers and Hand Dryers**

<table>
<thead>
<tr>
<th>MAXIMUM REACH DEPTH</th>
<th>0.5 inches (13mm)</th>
<th>2 inches (51mm)</th>
<th>5 inches (125mm)</th>
<th>6 inches (150mm)</th>
<th>9 inches (230mm)</th>
<th>11 inches (280mm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>MAXIMUM REACH HEIGHT</td>
<td>48 inches (1220mm)</td>
<td>46 inches (1170mm)</td>
<td>42 inches (1065mm)</td>
<td>40 inches (1015mm)</td>
<td>36 inches (915mm)</td>
<td>34 inches (865mm)</td>
</tr>
</tbody>
</table>
• Circular turning space
  – Allows 180-degree or 360-degree turn

• T-shaped turning space
  – Allows 3-point turn
  – Can conserve space

• Portion of 60" space can be under fixtures, lavatories or accessories as long as knee and toe clearance is provided.
### Recommended Mounting heights for children vary depending on age

<table>
<thead>
<tr>
<th>FORWARD OR SIDE REACH</th>
<th>AGES 3 and 4</th>
<th>AGES 5 through 8</th>
<th>AGES 9 through 12</th>
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</thead>
<tbody>
<tr>
<td>HIGH (maximum)</td>
<td>36 inches (915mm)</td>
<td>40 inches (1015mm)</td>
<td>44 inches (1120mm)</td>
</tr>
<tr>
<td>LOW (minimum)</td>
<td>20 inches (510mm)</td>
<td>18 inches (455mm)</td>
<td>16 inches (405mm)</td>
</tr>
</tbody>
</table>

<table>
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<tr>
<th>MOUNTING LOCATIONS</th>
<th>AGES 3 and 4</th>
<th>AGES 5 through 8</th>
<th>AGES 9 through 12</th>
</tr>
</thead>
<tbody>
<tr>
<td>WATER CLOSET CENTERLINE</td>
<td>12 inches (305mm)</td>
<td>12 inches to 15 inches (305 to 380mm)</td>
<td>15 inches to 18 inches (380 to 455mm)</td>
</tr>
<tr>
<td>TOILET SEAT HEIGHT</td>
<td>11 inches to 12 inches (280 to 305mm)</td>
<td>12 inches to 15 inches (305 to 380mm)</td>
<td>15 inches to 17 inches (380 to 430mm)</td>
</tr>
<tr>
<td>GRAB BAR HEIGHT</td>
<td>18 inches to 20 inches (455 to 510mm)</td>
<td>20 inches to 25 inches (510 to 635mm)</td>
<td>25 inches to 27 inches (635 to 685mm)</td>
</tr>
<tr>
<td>TOILET TISSUE DISPENSER HEIGHT</td>
<td>14 inches (355mm)</td>
<td>14 inches to 17 inches (355 to 430mm)</td>
<td>17 inches to 19 inches (430 to 485mm)</td>
</tr>
</tbody>
</table>
“The design of products and environments to be usable by all people, to the greatest extent possible, without the need for adaptation or specialized design.”

-Ron Mace, The Center for Universal Design
• Same item for everyone
• Position items differently
• Modify or replace a single manufactured feature
• Replace an item with one that is more adjustable or adaptable
• Asymmetrical restroom accessories limit usability for some.

Left- and right-handed facilities should be provided in restrooms.
Describe requirements for accessible lavatories and restroom accessories.
• Place lavatory as close as possible to front edge of countertop.

• 34" max above finish floor

• Knee clearance of 27" min. from bottom of apron to finish floor.

• Knee clearance must extend 8" min. under front edge of lavatory.
Special Considerations for Lavatories

• Clear floor space in front and under lavatory:
  – 30" wide by 48" deep min.
  – Toe clearance 17" min. to 25" max.
  – Toe clearance at least 9" above finish floor for full depth.

• Water supply, drain pipes and exposed surfaces:
  – Insulated to protect against contact
  – Install removable protective panel under lavatory.
Hand-operated (and self-closing) metering faucets acceptable if they remain open for 10 seconds min.

Controls centered over sufficient clear floor space to ensure both left- and right-hand approaches.

Operable parts:
- Push buttons
- Valves
- Knobs
- Levers

- One-hand operation
- No tight grasping/pinching or twisting
- Force not to exceed 5 lbs.
• Leading edges 27" to 80" above finish floor should protrude 4" max. horizontally into circulation path.

• Standard designed to ensure detection by a cane.

• All floor-standing and surface-mounted units protruding more than 4" should be located in corners, alcoves or between structural elements.
• Mirrors over lavatories installed 40" max above finish floor.
• Mirrors not over lavatories installed 35" max above finish floor.
• Single full-length mirror accommodates all.
• Soap dispenser mounting height is 44" max. above finish floor.

• Space lavatory-mounted soap dispensers and lever-handle faucets apart to avoid interference with their operations.
• Locate in an area that is accessible to people using wheelchairs, preferably adjacent to an accessible lavatory.

• Install towel dispenser, waste receptacle unit with the paper towel dispenser opening, the operable part, 48" above floor.

• Install single hand dryer with operable parts 40" above floor.

• With two or more dryers mount one with operable parts 40" and other at 48" max. above floor.
• Sanitary napkin /tampon vendors recommended in all women’s restrooms.

• Vendors with push-button operation mechanisms activated with less than 5 lbs. of force are recommended choice for universally designed women’s restrooms.
- Increasingly found in men’s, women’s and family restrooms.
- Not mandatory but widely regarded as important or essential feature in many facilities.
- Locate to provide for needs of users (including those in wheelchairs) but not prevent other users access to fixtures and dispensers in restroom.
• Safe, secure and convenient location for child up to 50 lbs.

• Install inside toilet compartment.

Ensure adequate space to maneuver around when in down position.

• Bottom of lowered seat should be no less than 15" above floor.
Describe requirements for accessible toilet compartments of varying sizes and the accessories needed to complete their specification.
• Required in all public restrooms.

• Two basic toilet compartment designs:
  – Wheelchair Accessible Toilet Compartment
  – Ambulatory Accessible Toilet Compartment

• Third variant is Large Wheelchair Accessible Toilet Compartment.

• Should accommodate people who use wheelchairs.

• Three common transfer positions onto a toilet:
  – Diagonal
  – Side
  – Perpendicular
Horizontal Toe Clearance

Vertical Toe Clearance

Vertical grab bar 18 inches (455mm) long (ICC/ANSI)

6 min 150

9 min 230

12 min 305
All accessible toilet compartment doors must include door pull hardware and self-closer.

All out-swinging doors should close completely so as not to encroach into required maneuvering clearances and impede access.
- Toilets with undercut bowls recommended.
- Lever flush controls recommended – must be located on open side of toilet.
- The height of toilet seats is – 17” min. to 19” max measured from floor to top of seat.
- Toilet seats cannot be sprung.
Grab Bars Required in All Compartments

Grab Bar Locations

- 39-41 ICC/ANSI
- 990-1040
- 34-36
- 865-915
- 39-41
- 990-1040
- 18
- 445
- 17-19
- 430-485
- 11-17
- 280-430
- 21-30
- 535-760
- 12 max
- 305
- 33-36
- 840-915
- 18-27
- 155-685
- 54 min
- 1370
- 42 min
- 1065
- Toilet seat height

42"

36"
• All accessories must be located on a side wall or partition, nearest toilet in accessible compartments and just in front of leading edge of toilet.

• No accessory should interfere with maneuvering space or access to grab bars.
• Roll toilet dispensers that allow continuous paper flow are required.

• 2010 ADA Standards – 7” to 9” in front of toilet

• 2009 ICC/ANSI Standards – 24” to 42” from rear wall
• Sanitary napkin disposals and toilet seat cover dispensers are recommended
• Recessed combination units organize and unify installations:
  - Toilet tissue dispensers
  - Toilet seat-cover dispensers
  - Sanitary napkin disposals
Urinals, where provided, should include at least one wall-hung urinal installed with the rim 17 inches maximum above the finish floor.

The operable portion of the flush valve must be mounted no higher than 48" max. above the floor, or no higher than 44" if the urinal extends far enough to create at least 20" of reach.

Clear floor space of 30" wide by 48" deep min. must be provided to allow forward approach.
Discuss requirements for accessible bathing facilities.
• Accessible bathing facilities required in a wide variety of buildings:
  – Hotels
  – Athletic clubs
  – School gymnasiums
  – Dormitories
  – Parks and campgrounds
  – Long-term care facilities
  – Hospitals

• Two Categories:
  – Individual shower compartments
  – Combination tub/shower units
• Most common type of individual shower compartment used to accommodate people with disabilities.

• 36"x36" inside dimension addresses reach and safety needs of adult users.

• Hand-held showers on hose are required in accessible showers.

• Use of adjustable vertical slide bar for hand-held unit is optional.

Required Clear Floor Space
- Also referred to as curbless showers.
- Minimum required size of 30" x 60" not recommended because of difficulty containing water.
- Consider larger size for less water spillage.
- Avoid curbs or minimize – ½" high max.
• Must be installed in all accessible bathing facilities.
• Grab bars in showers must be mounted 33" to 36" above finish floor.
• Two horizontal grab bars or a single two-wall grab bar must be installed on walls next to and opposite folding shower seat in transfer compartments.
• Combination Tub/Shower Units must have grab bars installed:
  - at foot of tub
  - on back wall
  - at head of tub
  - on the control wall
Permanent or folding seats required by 2009 ICC/ANSI Standards.

Upholstered, cushioned seats preferred by many with disabilities.

Water-resistant solid phenolic seats more sanitary and vandal-resistant.
Accessories
Fail To Meet ADA Rules . . .

- No Certificate of Occupancy
- Defend Law Suits
- Horrible Reputation & Bad Publicity

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